

# Who's Running Your Life?

Join Paul Gale-Baker for  
this enjoyable, life-  
changing course

Who's really running your  
life? Who's pulling the strings?

The many parts of us who  
make up our personality can pull  
us in different directions,  
rendering decision-making  
difficult. In relationship our  
various parts interact in ways  
which create problems and  
conflict.

In a fun, experiential format,  
this course will introduce you to  
some of the selves which play a  
major role in your life. While the  
course is approached in a light-  
hearted way, the learning you  
will take away will be profound.

In the course you will learn  
how these selves they impact  
your life. You will learn how you  
can begin to integrate them into  
your life in a healthy, helpful  
way.

This course is suitable for  
everyone who has felt stuck,  
disempowered, self-critical or in  
some way at the mercy of parts  
of themselves they don't  
completely understand, as well  
as for anyone who has recurring  
difficulties in relationship.

MELBOURNE  
SATURDAY  
JUNE 26

with Paul Gale-Baker

Paul Gale-Baker is a  
master Voice Dialogue  
teacher, relationship  
therapist and course  
leader. He has lead  
courses throughout  
Australia and overseas for  
more than 12 years.

*"I have found  
Paul to be an  
excellent  
facilitator and  
communicator  
who really 'walks  
his talk' and  
delivers his  
material in a  
non-judgemental  
humorous way."  
Helen P*

## In this course you will

- Learn to recognise how  
different parts run your life
- Discover which parts help  
and which hinder you
- Learn how these parts  
negatively impact your  
relationships
- Learn how to begin working  
constructively with these  
parts



### To register

online: at [www.relationship-counselling.com.au](http://www.relationship-counselling.com.au)

email: [info@relationship-counselling.com.au](mailto:info@relationship-counselling.com.au)

phone: 9444 7427

Where: Ivanhoe. Melbourne

When: Saturday, June 26 - 10 am - 4 pm

Cost: \$155 (GST inc) Pay by April 23 and pay only \$135. Couples  
\$230. Fee includes refreshments.